AOSOR – YC 2018 – report by Dr. Hilwati Hashim.
I had the opportunity to attend the 4th Asian Oceanian School of Radiology Youth Club 2018 (AOSOR-YC) at The Excelsior, Hong Kong SAR from 18th to 21st November 2018. It was an educational, social and an academic program. The focus was on leadership training together with academic and administrative education to understand the Asian Oceanian Society of Radiology (AOSR) and its activities. The curriculum included courses on social leadership, society management, financial understanding, inter-human relationship, logic training, and understanding scientific research. Fifteen trainees from 12-member societies participated in the event under the guidance of 9 tutors.

Our first day started with orientation followed by a welcome dinner at the beautiful Academy Lounge, Hong Kong Academy of Medicine hosted by the Hong Kong College of Radiologist (HKCR). On the second day, we had a fun and interesting team-building activity called LEGO Serious Play where we used LEGOs to build specific structures as a team. It was a fun way to quickly learn and adapt to working with strangers (which quickly evolved to us becoming close friends over the next few days). It was also an excellent way to demolish any hierarchy or gap that may had been present and built a closer bond between fellow trainees and tutors.

The rest of the second and third day were spent listening to and interacting with speakers and tutors on various matters pertaining to societies’ leadership, financial management, academic and social activities management. There were also talks regarding consent in radiology, public information, and risk management as well as talks from vendors. It was certainly eye opening for most of us trainees who had been immersed in clinical and radiology field and are rather new in society leadership.

The hospitality provided by AOSOR as well as HKCR as our host is second to none. Apart from the first dinner, we were also treated to an interesting dinner on sampans on the second night at the famous Hong Kong’s Causeway Bay Typhoon Shelter where we feasted on a variety of delicious seafood. On our last night, our farewell dinner was at the hotel’s rooftop terrace where we got to see the beautiful Hong Kong skyline at night. A fun and fascinating TramOramic Sightseeing Tour ended our 4 day workshop where we hopped on a 1920's-style open-top tram and experienced the beautiful and bustling Hong Kong.

Apart from the knowledge gained, what we took from this workshop is the priceless friendship and network developed among the trainees and tutors from various countries. Trainees became alumni of the AOSOR-YC and thanks to social media, the friendship will continue even after the workshop ends.

I would like to take this opportunity to thank and congratulate AOSR for organising such an interesting and eye opening course. For some of the trainees, we are not leaders in our society (yet). Attending this course opened our eyes and gave us confidence to be leaders. Thank you also goes to HKCR for their wonderful, generous and warm hospitality. Most importantly, thank you to Malaysian College of Radiology for nominating me and giving me this amazing and rare opportunity.

DR. HILWATI HASHIM
UNIVERSITI TEKNOLOGI MARA
SIG NEURORADIOLOGY, MALAYSIAN COLLEGE OF RADIOLOGY