The 5<sup>th</sup> AOSOR Youth Club 2019 Short Report – Intensive, Fun, Inspiring

The  $5^{th}$  Asian Oceanian School of Radiology Youth Club (AOSOR-YC) 2019 has been successfully held on 16-18 Oct 2019 at WINC Aichi, Nagoya, Japan. Fourteen attendees from 13 countries attended the program, and I was one of them.

AOSOR-YC is an educational and social academic program designed to foster the future core leaders of AOSR. The program focuses on leadership training together with academic and administrative education to help the participants understand the AOSR and its activities. The organizing committee was led by the director of AOSOR and the secretary board.

The first day started with orientation to introduce the organizing committee, tutors, and attendees, followed by welcome dinner at Castle Plaza hotel. The next 2 days were packed with full-day programs which were intensive and enlightening. We were separated into small groups of 3-4 trainees led by a tutor and a couple of observers. I was in the same group with radiologists from Mongolia, Taiwan, and Hong Kong. Topics discussed on the first day included People Leader Expectation concept, coaching introduction and practices, inclusive leadership scenario and discussion, and commitment to team and self. Most of these programs were interactive and we had great fun discussing and presenting the topics given to us. There was even one session that required us to pick a photo with characters that we think leaders should have, amongst the hundreds of photos laid out by the organizing committee on the floor. It was interesting to see how different everyone interpreted his/her photo, and how those could be linked to leadership. At the end of the day there was initially a short trip to Nagoya castle but it was cancelled because the castle was closed by the time we reached. The tour bus then headed to Osu shopping street and we had a short stroll along the streets before the director's dinner at the Gajouen, Nagoya. The disappointment for not being able to visit Nagova castle was quickly replaced by laughter and good food at the Gajouen.

On the second day the topics mainly focused on AOSR administrative activities e.g. roles of president and secretary general in Asian Radiological Society, scientific activity management, academic and society member management, inter-society relationship, finance management, public information and management, risk management, trend of radiology in Asia Oceania, and environment, perspectives and preparation in Asian Radiology. These topics helped us in understanding the administrative aspects of radiological societies that may be entirely new to some of us. In the evening we joined the co-director's dinner, which was jointly held with the Japan Radiological Society annual dinner at the Marriott Hotel, Nagoya. It was a grand event with great performances e.g. magic shows and classical music.

Through this program the trainees of AOSOR-YC and the tutors were able to establish a network of alumni. Whatsapp group was created and is still active even months after we were back to our own countries. Congratulations and thanks to AOSR and JRS for organizing this wonderful course, and most importantly, thank you to College of Radiology Malaysia and Professor Dr. Hamzaini Abdul Hamid for giving me this once-in-a-lifetime opportunity.

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